

3. RECOGNIZED QUALIFICATIONS: (list dates, places, titles)

Educational Background:

Coaching in any sport:

Clinics, workshops, or lectures attended:

Additional:

4. AIMS:

Why do you wish to coach?

What do you think of a structured coaching program?

5. PLEASE GIVE YOUR IDEAS ABOUT:

Aspects affecting juniors:

List at least three useful Orienteering Techniques:

Teaching Orienteering to beginners:

How do you improve physical performance in the human body?