<b>Date Submitted</b>	 Date Approved	

## UNITED STATES ORIENTEERING FEDERATION APPLICATION FOR RETROSPECTIVE ACCREDITATION LEVEL 1

## 1. IDENTIFICATION Age \_\_\_\_ Club \_\_\_\_ Name: Phone (\_\_\_ Address: Phone (\_ Type of employment: Birthdate: \_\_\_\_\_ Number of years orienteering \_\_\_\_\_ Member of USOF? Yes \_\_\_\_ Since \_\_\_\_ USOF# \_\_\_\_ No \_\_\_ **2. EXPERIENCE** (List dates, places, people. Use back of sheet if needed.) O Involvement: O Participation: Other Sports Involvement (participating or coaching): Major O event results:

Coaching in O Sport:

Educational Background:
Coaching in any sport:
Clinics, workshops, or lectures attended:
Additional:
4. AIMS:
Why do you wish to coach?
What do you think of a structured coaching program?
5. PLEASE GIVE YOUR IDEAS ABOUT:
Aspects affecting juniors:
List at least three useful Orienteering Techniques:
Teaching Orienteering to beginners:
How do you improve physical performance in the human body?

**3. RECOGNIZED QUALIFICATIONS:** (list dates, places, titles)