

# US National Junior Program

## Application for 2018

### Athlete Information:

Name: \_\_\_\_\_  
*First M.I. Last*

Street Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Gender (M/F): \_\_\_\_\_

School: \_\_\_\_\_ Grade / Year: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Primary Orienteering Club: \_\_\_\_\_ Orienteering USA Member #: \_\_\_\_\_

Passport Expiration Date: \_\_\_\_\_ (for trip planning purposes; passports are required for travel to Canada and Europe)

Attackpoint Username: \_\_\_\_\_

Please indicate which team you are applying to:

Junior Development Team (JDT) only \_\_\_\_\_

JDT and Junior National Team (JNT) if you are selected \_\_\_\_\_

*If you are applying to JDT and JNT if selected, please fill out supplementary packet and submit with this application.*

### Current / Recent Performance

*If you do not know your numbers, you may leave the answer blank; include what you do know. Feel free to provide any additional information that you think is relevant. For running times please provide date, race location, and name of race.*

Track/Road/Trail Running      1 mile                      3 km                      5 km  
Times:                                      \_\_\_\_\_                      \_\_\_\_\_                      \_\_\_\_\_

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Provide a list of the national and international races you have attended including which age categories you competed in.

\_\_\_\_\_

Provide a list of training days or camps that you attended and who the coaches were.

\_\_\_\_\_

**Parent / Guardian Information:**

*For duplicate information, write "same" or "same as ..."*

Name:

\_\_\_\_\_ *First* \_\_\_\_\_ *M.I.* \_\_\_\_\_ *Last*

Relationship:

\_\_\_\_\_

Street Address:

\_\_\_\_\_

City

\_\_\_\_\_

State

\_\_\_\_\_

Zip code

\_\_\_\_\_

Phone #s - Home:

\_\_\_\_\_

Cell:

\_\_\_\_\_

Work

\_\_\_\_\_

E-mail Address:

\_\_\_\_\_

**Other Parent / Guardian Information:**

*For duplicate information, write "same" or "same as ..."*

Name:

\_\_\_\_\_ *First* \_\_\_\_\_ *M.I.* \_\_\_\_\_ *Last*

Relationship:

\_\_\_\_\_

Street Address:

\_\_\_\_\_

City

\_\_\_\_\_

State

\_\_\_\_\_

Zip code

\_\_\_\_\_

Phone #s - Home:

\_\_\_\_\_

Cell:

\_\_\_\_\_

Work

\_\_\_\_\_

E-mail Address:

\_\_\_\_\_

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**2018 Application**  
(continued)

**Orienteering Reference/Coach:**

Relationship: \_\_\_\_\_

Name: \_\_\_\_\_  
*First M.I. Last*

Street Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

Phone #s - Home: \_\_\_\_\_ Cell: \_\_\_\_\_ Work \_\_\_\_\_

E-mail: \_\_\_\_\_ Primary O-club: \_\_\_\_\_

**Please respond to the following questions in the boxes provided:**

Q1. What personal outcome and process orienteering goals do you have?

Q2. Describe one training camp you have attended and what you learned at the camp.

Q3. Describe a race that did not go well. What did you learn about yourself from that race?

Q4. How much time are you willing to dedicate each week to becoming a better orienteer?

Q5. Describe your typical week of physical training?

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Q6. Have you attended any international orienteering events? Have you attended National Events (formerly known as A-meets)? What did you take away about your ability to compete?

Q7. If you have had injuries that have prevented you from training recently, what did you do to get healthy?

Do you participate in any other sports? If not, skip questions Q8 – Q10.

Q8. In which sports besides orienteering do you participate, and at what level of competition?

Q9. How will your other sports impact your orienteering training and competing?

Q10. Please provide the contact information for your coaches in other sports. (The Junior National Coach (JNC) may contact them to find out more about you, let them know about your desire to be on the JNT/JDT, ask for their support, and see if we can work something out.)

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**Athlete Agreement**

**In order to join the JDT or JNT, you must agree to the following conditions. Please initial on the lines provided to indicate such agreement. Parents of athletes under the age of 18 must also initial each item (example AA/PP).**

*If you are using the **Word** version, please type your initials.*

Initials

- 1. \_\_\_\_\_ I agree to train each week based on the volume and specificity in my personal training plan.
- 2. \_\_\_\_\_ I agree to run in four Orienteering races sanctioned as national events or championships by the Federation governing the country or region where the race is being held.
- 3. \_\_\_\_\_ I agree to adhere to all IOF and international rules of competition for the sport of orienteering. I agree to adhere to all OUSA safety and behavior policies at official team functions, camps, events, and on all official team trips. I agree to abstain from using illegal substances and participating in any illegal activity while participating on the JDT or JNT. The following are links to the IOF rules page on [orienteering.org](http://orienteering.org) and the OUSA safety handbook <https://www.orienteeringusa.org/us-teams/junior/junior-safety>
- 4. \_\_\_\_\_ I agree to proactively work with and communicate with my teachers and school administrators, employers, and secondary sport coaches, as applicable, so that I can uphold my commitments to the JDT or JNT.
- 5. \_\_\_\_\_ I agree to perform all requirements as described above in the athlete expectations section of this application
- 6. \_\_\_\_\_ I agree to prioritize designated regional training camps, National Training Camps and races over other obligations.
- 7. \_\_\_\_\_ I acknowledge that failure to comply with the above conditions may result in consequences meted out by Orienteering USA and/or the JNC.

**For Parents and/or legal Guardians**

- P1 \_\_\_\_\_ I agree to pay the National Junior Program application fee of \$100 no later than January 15, 2018. If my child is named to the JNT, I agree to pay the additional team fee of \$100.
- P2 \_\_\_\_\_ I agree to commit to at least 10 hours of service for the team.

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**Signatures**

By signing below, I attest that the information being submitted on this application is substantially my own work, and is a truthful representation of my ambitions and my character. I further attest that I am familiar with and agree to all the conditions, as initialed, in the Athlete Contract.

*If using the **Word** version of the application form, sign by typing full (first middle last) name on the signature line and leaving the printed name line blank.*

**Athlete**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please print name: \_\_\_\_\_

**Parent / Guardian**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please print name: \_\_\_\_\_

**Submission**

Please submit the application to the junior program by any of these methods.

- Mail it to: Erin Schirm (Junior National Coach)  
107 Elizabeth Way  
San Rafael, CA 94901
- Scan it, and e-mail it (preferably as a PDF file) to: *ousajuniorprogram@gmail.com*.
- If you are using the **Word** version of the application form, e-mail the completed form as a Word document (.doc, .docx) file to: *ousajuniorprogram@gmail.com* .

For Juniors aspiring to and applying for JNT, please submit your application by **December 15th 2017**. For JDT, we accept applications all year however we encourage you to sign up by December 15th so you get the benefit of the full year of membership.

Please submit your payment of \$100 at the time of your application. Checks should be made out to **Orienteering USA** (*not "OUSA"*), with "Junior Program Fee" as the memo, and mailed to:  
Orienteering USA, 824 Scotia Rd, Philadelphia, PA 19128-1231.

Please feel free to contact us (*ousajuniorprogram@gmail.com*) at any time with questions, or if you are having trouble completing the application.