

OUSA National Junior Program
Application for 2019

Athlete Information:

Name: _____
First M.I. Last

Street Address: _____

City _____ State _____ Zip Code _____

Year of Birth: _____ Gender (M/F): _____

Home Phone: _____ Cell Phone: _____

E-mail Address: _____

Orienteering USA Member #: _____ Primary Orienteering Club _____

Note: We encourage all NJP members to be members of an US-based orienteering club.

Attackpoint Username: _____ SI (e-punch) number: _____

Please indicate the team to which you are applying:

Junior Development Team (JDT) only

Junior National Team (JNT)*

*(Initially, JNT applicants are placed on the JDT and those who qualify are then named to the Junior National Team. Applications for consideration for the JNT are due on December 15, 2018 and includes the JNT Supplementary Application.)

If you intend to travel internationally with the team in 2019, make sure you have a passport that does not expire before January 2020. Some countries require a passport to be valid an additional 6 months beyond the intended date of departure from that country.

USA Passport? No

Yes

Expiration Date:

Parent / Guardian Information:

For duplicate information, write "same" or "same as ..."

Name: _____
First M.I. Last

Relationship: _____

Street Address: _____

City _____ State _____ Zip code _____

Phone #s - Home: _____ Cell: _____ Work _____

E-mail Address: _____

Other Parent / Guardian Information:

For duplicate information, write "same" or "same as ..."

Name: _____
First M.I. Last

Relationship: _____

Street Address: _____

City _____ State _____ Zip code _____

Phone #s - Home: _____ Cell: _____ Work _____

E-mail Address: _____

Orienteering Reference/Coach:

Relationship: _____

Name: _____
First M.I. Last

Street Address: _____

City _____ State _____ Zip code _____

Phone #s - Home: _____ Cell: _____ Work _____

E-mail: _____ Primary O-club: _____

Athletes Current / Recent Performance

If you do not know your times, you may leave the answer blank; include what you do know. Feel free to provide any additional information that you think is relevant. For running times please provide race details such as date, race location, and name of race.

	1 mile	3 km	5 km
Surface (track, road, trail) and Race Details			
Time (min)			

Provide a list of the national and/or international races you have attended including the age categories you competed in.

Provide a list of training days or camps that you attended and who the coaches/sponsoring club were.

Please respond to the following questions in the boxes provided:

Q1. What are your personal goals for orienteering performance

Q2. Describe an orienteering race that went well. What skills do you think you used especially well.

- Q3. Describe a race that did not go well. What did you learn about yourself from that race?
- Q4. How much time are you willing to dedicate each week to becoming a better orienteer?
- Q5. Describe your typical week of physical training.
- Q6. Have you attended National Events (formerly known as A-meets)? Have you attended any international orienteering events? What did you learn about your ability to compete from those events?
- Q7. If you have had injuries that have prevented you from training recently? What did you do to get healthy?

Do you participate in any other sports (including club, intramural, or school sports at junior varsity or varsity levels)? If not, skip questions Q8 – Q10.

Q8. In which sports, besides orienteering, do you participate and at what level of competition?

Q9. How will your other sports impact your orienteering training and competing?

Q10. Please provide the contact information for your coaches in other sports. The Junior National Coach (JNC) may contact them to find out more about you, let them know about your desire to be on the JNT/JDT, ask for their support, and see if we can work something out. We understand that sometimes contacting other coaches is undesirable, in that case please enter "N/A".

National Junior Program Athlete Agreement

In order to join the National Junior Program, you must agree to the following conditions. Please initial on the lines provided to indicate such agreement. Parents of athletes under the age of 18 must also initial each item (example AA/PP).

1. _____ I agree to train each week based on the volume and specificity in my personal training plan.

2. _____ I agree to compete in as many local meets as possible and to t participate in regional or national Orienteering races as is feasible.

3. _____ I agree to adhere to all IOF and international rules of competition for the sport of orienteering. I agree to adhere to all OUSA safety and behavior policies at official team functions, camps, events, and on all official team trips. I agree to abstain from using illegal substances and participating in any illegal activity while a member of the NJP. I understand that I must complete, or have completed in the past 5 years, the SafeSport online training course before being named as a member of the NJP. The following are links to the IOF rules page on [orienteering.org](http://www.orienteering.org) and the OUSA safety handbook <https://www.orienteeringusa.org/us-teams/junior/junior-safety>

4. _____ I agree to proactively work and communicate with my teachers and school administrators, employers, and secondary sport coaches, as applicable, so that I can uphold my commitments to the NJP.

5. _____ I agree to fulfill all of the commitments and requirements as described in the NJP Information document.

6. _____ I agree to prioritize designated regional training camps, National Training Camps and races over other obligations.

7. _____ I acknowledge that failure to comply with the above conditions may result in consequences meted out by Orienteering USA and/or the JNC

8. _____ I consent to sharing e-mail addresses and cell phone numbers (athlete and parents) with other juniors in the program via the shared Contact List
e-mail addresses: YES NO
cell phone numbers: YES NO

Parents and/or Legal Guardians*

- P1. _____ I agree to pay the National Junior Program application fee of \$100. Naming to the program will occur upon receipt of the NJP fee. To be considered for nomination to the Junior National Team (JNT) during 2019, the NJP fee should be submitted no later than December 31, 2018. When named to the JNT, I agree to pay the additional fee of \$100 at the time of nomination.**
- P2. _____ I agree to commit to at least 10 hours of service for the team***.
- P3. _____ I agree to complete or certify that I have completed within the last 5 years, the SafeSport online Training for Parents and Coaches if I expect to travel with and/or chaperone members of the NJP. SafeSport training is highly recommended for all parents of NJP members and is free for all OUSA members and NJP parents.

*Fee and volunteer commitments may be made by non-minor athletes instead of their parents.

**Fee reductions are available in case of financial hardship, please contact Coach Erin or Greg or send an e-mail to ousajuniorprogram@gmail.com.

***Volunteering can come in many forms, ask JTESC where you could help or heed our calls for help via the JDT, JNT, and/or parent e-mails.

Signatures

By signing below, I attest that the information being submitted on this application is substantially my own work, and is a truthful representation of my ambitions and my character. I further attest that I am familiar with and agree to all the conditions, as initialed, in the National Junior Program Athlete Agreement.

Athlete

Signature: _____ Date: _____

Please type name: _____

Parent / Guardian

Signature: _____ Date: _____

Please type name: _____

Submission

A number of additional forms need to be submitted along with this NJP General Application. The Checklist below has links to all forms as well as allows you to verify that all necessary steps have been completed prior to submitting this application and accompanying forms.

Please feel free to contact us (ousajuniorprogram@gmail.com) at any time with questions about the program or the application process.

Checklist - All of these items need to be completed at the time of application. Please check the box next to each item to indicate that it is completed.

Check if your OUSA membership is current

Filled in this form (NJP General Application) as completely as possible

NJP Athlete Agreement has been initialed by you, the athlete

NJP Athlete Agreement has been initialed where required by parent

NJP Application Form has been signed by you, the athlete

NJP Application Form has been signed where required by parent

E-mailed NJP Application Form to ousajuniorprogram@gmail.com

Filled out and e-mailed **Medical and Travel Form** along with NJP Application form

SafeSport video training - **Note**, all parents of minor NJP members and parents of adult NJP members who may be directly involved with NJP athletes, must also complete the SafeSport training. SafeSport training costs for all NJP athletes and parents is covered by OUSA. Have you completed the SafeSport training within the past 5 years

Athlete	Yes - When _____	No - Fill out the Application for SafeSport training
Parents	Yes - When _____	No - Fill out the Application for SafeSport training

Completed SafeSport Training and submitted certificate (athlete)

Parents Completed SafeSport Training and submitted certificate

NJP Activity Waiver

Read and signed by you, the athlete

Read and signed where required by parent

Filled out and submit **Profile Request Form** along with application

Profile Photo as image file - submit with application

Mailed payment of NJP fee* of \$100. Checks should be made out to Orienteering USA (not OUSA) and mailed to: Orienteering USA, 824 Scotia Rd., Philadelphia PA 19128-1231

If Applying to JNT - filled out Supplemental JNT Application - submit everything by December 15th 2018

*Fee reductions are available for those in financial need, please send an e-mail to that effect to the coaches or to ousajuniorprogram@gmail.com.